



What Is CAPteen? A Youth Leadership and Philanthropy Program through CAPTAIN Community Human Services for Shenendehowa District High School Students

What do CAPteens do? We help our Community and act as Ambassadors for CAPTAIN CHS, a non-profit organization aimed at Lifting People Up and Building Brighter Futures

Leadership: CAPteens is student led. A Leadership Council directs the CAPteens; holds meetings, develops community events, provides volunteer opportunities for the members, role models leadership, and evaluates the program success.

Membership: CAPteens commit to a minimum of 30 hours of volunteer work per school year on behalf of CAPTAIN CHS doing activities such as:

- CAPteen shifts (6 hours required) at the CAPTAIN office helping with CAPteen planning, or CAPTAIN efforts
- Food Pantry Shifts at the CAPTAIN Office on Mondays from 4:00-6:00pm.
- Community Forums to highlight and educate the community on important social issues
- Participating in Community Wellness events such as Winterfest or Parks Clean-Up Day
- Helping Senior Citizens- serving Thanksgiving Dinner at Peregrine
- Assisting with Homework Help or Mentoring for Elementary Students at Cheryl's Lodge
- Partnering with other local organizations
- Fundraising or soliciting donations for CAPTAIN CHS

How do I become a CAPteen?

Incoming 9th, 10th, 11th and 12th grade Students may submit an application with parent signature, a short personal statement, a peer recommendation and a school or community leader recommendation.

CAPteen candidates may return completed forms to:

Kevin Guyette • CAPTAIN Community Human Services
5 Municipal Plaza • Suite 3 • Clifton Park • 518-371-1185 • kevin@captaincares.org

CAPteens Application

Name: _____ Date: _____
Phone: _____ Cell: _____ Date of Birth: _____
Address: _____ City: _____ Zip: _____
Email: _____ Current Grade: _____
Parent/Guardian Names: _____
Parent/Guardian Phone: _____
Parent/Guardian Email: _____

Why do you want to be a part of CAPteens?

What extracurricular activities and/or community service projects are you committed to?

What skills, talents or interests do you have?

Do you have any restrictions or challenges we should know about?

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CAPTAIN
Community Human Services
Lifting people up. Building brighter futures.

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(p) 518.371.1185 • (f) 518.383.7997
www.captaincares.org

PHOTO RELEASE & CONSENT FORM

****Please have your parent/guardian sign this form****

I understand that my son/daughter is applying to be a part of the CAPteens program with my full permission. _____

Parent's signature

Date

I hereby give permission for my child to be photographed and/or videotaped for CAPTAIN Community Human Services promotional material.

I hereby transfer to CAPTAIN Community Human Services all copyright and other interests in photographs and/or videotape taken. I also hereby grant royalty-free permission, including nonexclusive world rights in all languages, to reproduce in all formats including but not limited to print, electronic, and/or CD-ROM, to reproduce for promotional purposes.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Parent/Guardian Address: _____

Parent/Guardian Phone Number: _____

Date: _____

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