

VOLUNTEER INFO

518.399.4624

CAPTAIN Community Human Services offers over thirty programs and services throughout the Capital District, North Country, and the Mohawk Valley.

We work to support and empower people of all ages to reach their goals of personal growth and self-sufficiency. We strengthen communities.

Clifton Park Office | 518.371.1185

5 Municipal Plz, Ste 3, Clifton Park, NY 12065

Glenville Office | 518.399.4624

543 Saratoga Rd, Glenville, NY 12302

Gloversville Office

31 E Fulton St, Gloversville, NY 12078

Saratoga Springs Office

1 Freeman Ln, Saratoga Springs, NY 12866

Cheryl's Lodge | 518.373.8873

25 Fern Ln, Clifton Park, NY 12065

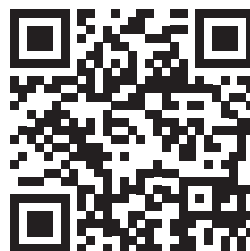
CAPTAIN's Treasures | 518.383.1788

1705 Route 9, Clifton Park, NY 12065

Runaway & Homeless Youth Shelter

Confidential Location, Malta, NY

For the most up-to-date information about our programs and services, upcoming events, and more, please visit our website: captaincares.org



CAPTAIN

Community Human Services

Lifting people up. Building brighter futures.

MAKE A DIFFERENCE: VOLUNTEER!

CAPTAIN Community Human Services supports and empowers people of all ages to reach their goals of personal growth and self-sufficiency. We strengthen communities.

As a volunteer-driven organization, we strive to be a recognized leader in finding effective solutions to social issues in the communities we serve.

CAPTAIN CHS has one of the most effective and extensive volunteer programs in the Capital Region. These caring and selfless people volunteer in almost every capacity of our operations.

Training is provided to all volunteers, so please do not discount any volunteer opportunities that you would like to learn more about.

We have opportunities available for individuals and groups!

Many of our programs utilize volunteers regularly, while others need only seasonal or one-time assistance. Whatever time you can give, and whenever you can give it, we truly appreciate your contribution.

To volunteer, or to learn more, contact us at 518-399-4624 or visit our website at captaincares.org/volunteer.

VOLUNTEER APPLICATION PROCESS

If you're interested in volunteering, check out the process below:

- Complete an online application, available on our website at captaincares.org under "How to Help."
- Meet with our staff to learn more about our opportunities, and share your interests and abilities.
- Complete the appropriate background checks and/or DMV record history and provide proof of insurance if necessary.

This helps to protect both the volunteer and the children, families, or seniors that they may be working with. Background checks are completed at the expense of CAPTAIN CHS.

- Meet with the Program Manager at your chosen volunteer assignment to begin, receive training, and be welcomed into our CAPTAIN CHS family!

If you'd like to be part of lifting people up and building brighter futures, please contact us today at 518-399-4624 or apply online at captaincares.org under "How To Help."

Middle & High School Student volunteer opportunities are available for school-age students, whether looking to fulfill community service or internship hours, or just to support our community.

VOLUNTEER OPPORTUNITIES

Bike Works

Volunteers assist in repairing donated bicycles.

CAPTAIN's Treasures

Volunteers assist store customers, sort incoming donations, etc.

Care Links

Volunteers provide supportive services such as transportation, friendly visiting, shopping, and respite to seniors in Southern Saratoga County.

Cheryl's Lodge

Volunteers provide Homework Help to elementary, middle, and high schools during the school year. Others assist with snack prep, support summer programming for kids, or provide annual grounds-keeping.

Family Development

Volunteers mentor individuals and families to increase self-sufficiency. Some volunteers provide client transportation to classes. Volunteers in this program require training and long-term commitment.

Food Pantry

Volunteers assist client with obtaining a 3-day supply of emergency food and drive the CAPTAIN CHS van for food pickups and/or limited deliveries to those without transportation.

General Office Help

Volunteers help in-office answering phones, accepting donations, filing, etc.

Grounds-keeping and Maintenance

Volunteers provide grounds-keeping and building maintenance assistance at our seven sites throughout the year.

Seasonal Programs

Volunteers organize donations for our holiday assistance programs.

Special Projects & Events

Volunteers assist at our events, such as the annual Route 50 Mile or gala.

Street Outreach Project

Volunteers assist with meal preparation and teen activities at youth drop-in centers in Fulton, Montgomery, and Saratoga Counties.

Supportive Housing

Volunteers work with young adults to build life skills and work toward self-sufficiency.

Tax Preparation

Volunteers prepare and file taxes for low-income families. Extensive training is provided.

Youth Shelter

Volunteers assist with meal preparation, tutoring, general office work, holiday programs, or property maintenance. Volunteers in this program commit to at least one year of support, including 20 hours of annual training, and additional background checks.

Corporate and community group opportunities are available and needed for one-time or ongoing projects!

Please contact us at 518-399-4624 to learn more and schedule!