

**Care Links, a program of  
CAPTAIN CHS presents**

# *An Evening with Dr. Benita Zahn*



**Creating a blueprint for your health by learning new skills  
leading to sustainable behavior change and achievement of  
your goals.**

**Wednesday, September 14, 2022 | 5:30pm  
Christ Community Reformed Church  
1010 Route 146, Clifton Park, NY 12065**

***All are welcome to attend!***

Register by emailing [terra@captaincares.org](mailto:terra@captaincares.org)

For more information,  
call 518-399-3262 or visit  
[captaincares.org/care-links](https://captaincares.org/care-links)

