



Proteins

Tuna
Canned/Pouch
Chicken
Black Beans
Kidney Beans
Baked Beans
Refried Beans
Dry Beans
Pinto Beans
Spaghetios/Ravioli
Chili/Beef Stew
Peanut Butter & Jelly

**Canned Vegetables
& Fruits**

Green Beans
Corn
Peas
Carrots
Mixed Vegetables
Potatoes
Misc. Veggies
Canned Tomatoes
Pasta Sauce
Applesauce
Peaches
Pears
Pineapple
Fruit Cocktail
Mandarin Oranges

Soups

Chicken
Tomato
Beef
Vegetable
Cream Soups
Chowders
Broth

Grains

Cold Cereal
Oatmeal
Pancake Mix/Syrup
Macaroni & Cheese
Spaghetti
Other Pasta
Ramen Noodles
Gravy
Rice
Pasta/Rice Sides
Stuffing Mix

Beverages

Fruit Juice
Vegetable Juice
Tea
Coffee
Coffee Creamer
Sweetener/Sugar
Coffee Filters
Hot Chocolate
Nutritional Shakes
Sports Drinks
Drink Mixes
Iced Tea
Ensure
Soda

Condiments

Ketchup
Mayonnaise
Mustard
Salad Dressing
BBQ Sauce
Cooking Oil
Misc. Condiments

Miscellaneous

Bread Crumbs
Dessert Mixes
Baking Goods
Evaporated Milk
Food Seasoning
Spices

Snacks

Crackers
Cookies
Granola Bars
Chips
Candy
Raisins/dried fruit
Pop Tarts
Nuts

Fresh Produce/Bread

Potatoes
Onions
Apples
Carrots
Bananas
Garlic
Lemons
Grapefruit
Ginger
Bread
Bagels

Cleaning Products

Dish Soap
Laundry Soap
Spray Cleaner
Sponges
Sanitizing Products

Paper Products

Toilet Paper
Paper Towels
Tissues

Hygiene Products

Hand Sanitizer
Hand Soap
Bar Soap
Body Wash
Body Lotion
Deodorant
Shampoo
Conditioner
Misc. Hair Supplies
Toothpaste
Toothbrushes
Dental Floss
Mouthwash
Razors
Shaving Cream
Tampons
Feminine Pads
Adult Protective
Underwear

Baby Care

Baby Food
Baby Formula
Diapers Size NB-6
Pull-ups Size 2T-5T
Wipes
Baby Shampoo
Baby Bath Soap
Baby Powder

Pet Food

Dry Dog Food
Canned Dog Food
Dry Cat Food
Canned Cat Food

All donations can be dropped off at our Clifton Park office (5 Municipal Plaza, Suite 3) during regular business hours. For the most up-to-date needs, please visit captaincares.org/wishlist