HELPFUL NUMBERS

Cheryl's Lodge 518-373-8873

CAPTAIN CHS Food Pantry

& Assistance 518-371-1185

CAPTAIN'S Treasures Shop 518-383-1788

CAPTAIN CHS Youth Shelter 518-584-6042

Capital Roots Community Garden

capitalroots.org 518-274-8685

Head Start Classroom 518-383-5412

Shenendehowa District Offices 518-881-0600

CHERYL'S LODGE RULES

Smoking, Alcohol, Drugs, and Weapons are strictly PROHIBITED on Cheryl's Lodge Property.

At Cheryl's Lodge, we treat the property and each other with respect. The following behaviors will not be tolerated: hitting, fighting, bullying, name calling, threatening, swearing, not listening, or damaging property.

Cheryl's Lodge is funded by the Shenendehowa School District, with assistance from Title I funding, the Saratoga County Youth Bureau through NYS-OCFS, State Education, USDA, Town of Halfmoon, Town of Clifton Park, and private donations and grants.

Cheryl's Lodge | 518.373.8873 25 Fern Ln. Clifton Park, NY 12065

CAPTAIN Community Human Services offers over thirty programs and services throughout the Capital District, North Country, and the Mohawk Valley.

We work to support and empower people of all ages to reach their goals of personal growth and self-sufficiency. We strengthen communities.

Clifton Park Office | 518.371.1185 5 Municipal Plz, Ste 3, Clifton Park, NY 12065

Glenville Office | 518.399.4624 543 Saratoga Rd, Glenville, NY 12302

Gloversville Office 31 E Fulton St, Gloversville, NY 12078

Saratoga Springs Office 1 Freeman Ln, Saratoga Springs, NY 12866

CAPTAIN's Treasures | 518.383.1788 1705 Route 9, Clifton Park, NY 12065

Runaway & Homeless Youth Shelter Confidential Location, Malta, NY

For the most up-to-date information about our programs and services, upcoming events, and more, please visit our website:

captaincares.org/cherylslodge





CAPTAIN

Community Human Services

Lifting people up. Building brighter futures

CHERYL'S LODGE

Homework Help Teens Reaching Heights What's Cookin' The Lodge Little Free Library Free Summer Meals Peace Camp **Library Summer** Reading Club

Camp CAPTAIN Cares **Employment Assistance** Supported Youth **Employment** Senior Citizen Gathering High School **Equivalency Classes Income Tax Preparation** Adult Computer Use

HOMEWORK HELP

Free after school support program for grades K-5 helps our youth compete in today's academic world. We offer unique extracurricular activities, educational support, snacks, and more!

Sign up at captaincares.org/cherylslodge

TEENS REACHING HEIGHTS

Free after school support program for grades 6-12 assisting youth with educational support and extracurricular activities.

Sign up at captaincares.org/cherylslodge

WHAT'S COOKIN'

An enrichment activity for grades 6-12 where they learn their way around the kitchen. They choose, prepare, and cook a meal.

THE LODGE

Drop in time for grades 6-12 Come hang out and watch TV/movies, play video games, talk, or just relax and listen to music.

LITTLE FREE LIBRARY

Take a book; leave a book! Open all year for all ages. Located out front of Cheryl's Lodge.

FREE SUMMER MEALS

We serve breakfast and lunch to youth 1-18, Monday-Friday.

PEACE CAMP

Monday-Thursday
Students entering Grades 1-6
Conflict Resolution, Problem Solving, and
Violence Prevention Camp! Applications
and camp dates available April 1st.

Sign up at captaincares.org/cherylslodge

LIBRARY SUMMER READING CAMP

Grades PreK-5
Sponsored by the
Clifton Park-Halfmoon Library

CAMP CAPTAIN CARES

Volunteer camp for students entering grades 6-9. Daily field trips and projects. Applications available April 1st.

Sign up at captaincares.org/cherylslodge

Cheryl's Lodge also offers:

Community Forums
Enrichment Activities
Family Assistance
Field Trips
Nutrition Programs
Parent Education

EMPLOYMENT ASSISTANCE

Ages 14-24

Assistance with getting a job, completing your degree, creating a resume, or filling out an application.

SUPPORTED YOUTH EMPLOYMENT

Income-qualified youth ages 14-20 work at Cheryl's Lodge during the summer. Sponsored by Saratoga County Department of Employment and Training. Applications available in April.

COMMUNITY/ADULT PROGRAMS

SENIOR CITIZEN GATHERING

Ages 55+ Thursdays 1:00pm-2:00pm Refreshments, Conversation, Games

HIGH SCHOOL EQUIVALENCY CLASSES

(Formerly the GED Program)
Sponsored by Capital Region BOCES
For info, call 862-4707
Apply at capitalregionboces.org

INCOME TAX PREPARATION

Offered January through April, people earning less than \$55,000 per year can receive free income tax preparation at CAPTAIN CHS.

ADULT COMPUTER USE

By appointment