

**Care Links, a program of
CAPTAIN CHS presents**

An Evening with Dr. Benita Zahn



**Creating a blueprint for your health by learning new skills
leading to sustainable behavior change and achievement of
your goals.**

Wednesday, September 14, 2022 | 5:30pm-7:00pm

Christ Community Reformed Church

1010 Route 146, Clifton Park, NY 12065

All are welcome to attend!

Register by emailing terra@captaincares.org

For more information,
call 518-399-3262 or visit
captaincares.org/care-links

