



Looking Ahead: 2023

Because of supporters like you, this past year has provided thousands of children, youth, young adults, individuals, families, and seniors with so many wonderful, life-changing, and impactful moments through our over thirty programs and services.

The year ahead is even more exciting.

This May, our Senior Services Committee will be hosting, **Here Come the Boomers: A Community Forum on the Future of Aging in Southern Saratoga County**. A first-of-its-kind event locally, we hope to build awareness and an action plan to ensure needed services are available for our growing population of seniors.

In June, we'll celebrate the **14th Annual Route 50 Mile** - a long-standing family-friendly event in Burnt Hills.

July will bring our **15th Annual An Unbridled Affair Gala**, which is sure to be the best event yet, filled with delicious food, fantastic company, and unique auction items. Chaired by Bill and Betty Casey, we'll be honoring DeCrescente Distributing Company, Therapeutic Horses of Saratoga, and Thoroughbred War Dancer.

Lastly, we could not be prouder to announce our upcoming celebration of the **25th Anniversary of our Runaway & Homeless Youth Shelter**.

Opened in 1998, the Youth Shelter is a temporary shelter serving teens under the age of 18 who are homeless, runaway, or in an otherwise unsafe situation. Youth can stay for up to 30 days or as long as is necessary, and know that they'll be safe and find refuge in a home-like environment.

Keep your eyes on your email and mailbox for more information on these and many other exciting events, program news, and success stories that you make possible.



The above photos were taken at our 2022 Holiday Party at Cheryl's Lodge. It was a magical night for our kids, families, and volunteers. Thanks to everyone who made the evening possible, including Dawn Dayter, Dawn Ferguson Juneau, Arox Band, King of Krispies, and all of our donors and volunteers!

Lifting people up. Building brighter futures.

From the desk of Executive Director **Andy Gilpin**



Andy Gilpin
Executive Director

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“We Believe in Caring for Ourselves as We Care for Others”

Every day, I watch as our staff and volunteers give so freely of themselves, pouring their kindness and empathy into the needs of others. It's an essential part of our humanity that is so special and beautiful, and what makes our work and mission important. That's why it's ended up as one of our core Belief Statements here at CAPTAIN Community Human Services.

Although we embrace this hard work and dedication, none of us have an endless supply of positive energy and we must take the time to rest, restore, and replenish ourselves in light of this difficult work.

It has been said many different ways, but I find the quote, “You can't pour from an empty cup,” an important reminder.

This year, I encourage everyone - our staff, our volunteers, and you, our supporters, to take the time you need and focus on the things that restore and energize you. Only then, when your cup is once again full, can you begin to lift people up and help build brighter futures.

Speaking of the future, please take some time to check out our very exciting 2023 lineup of events. While our work is far from finished, and our programs continue to experience record-setting need, there is much to celebrate.

Stay on the lookout for more information in your email inbox about all of these exciting changes and events. If you don't receive our monthly eNewsletter, please visit captaincares.org/newsletter to sign up!

As always, thank you from the bottom of my heart for all that you do for kids, families, and seniors in our community,

Andy Gilpin, Executive Director



Pictured above (L-R): Toys for Toga hosted a record-breaking Toy Drive; Carmine DeCrescente of Decrescente Distributing Company and Max Oswald of Northway Brewing Company review Toys for Toga donations; The Mill on Round Lake gave generously for their Adopt-a-Family; Hannaford and All Saints Episcopal Church kindly provided gifts for Care Links care receivers; John W. Danforth Co. put together Thanksgiving baskets; Hangr CoWorks and the Oscar Mayer Wienermobile generously collected and delivered Thanksgiving baskets; the Saratoga Chamber of Commerce put together lovely Thanksgiving baskets for local families; Britney Flitzmaurice, NP IN Adult Health, kindly hosted a Food Drive.

Become an Everyday Hero by Giving Monthly

Suddenly, doing good is convenient.

We invite you to join our monthly giving group! It's easy and affordable, and your impact is HUGE. You can pledge any amount you choose that works within your budget. The main thing is, you're always there to help.

Your gift is at work all year. Your monthly donations provides continuous support for vital initiatives and programs in the areas of hunger, homelessness, and economic crisis, and it strengthens our community in meaningful ways, allowing us the opportunity to expand our programs and innovate to meet the changing needs.

You become part of a special group of donors. You join a special group of donors whose ongoing support demonstrates a steadfast commitment to kids, families, and seniors in our community. As a way of saying "thank you," monthly donors receive a decal to be used at home, at your business, or on your vehicle.

It's affordable and easy to set up. Your monthly gift can be charged to your credit card or debited from your bank account each month. It's safe and secure and you can change it at any time. Once enrolled, you'll annually receive a statement for tax purposes, summarizing your charitable giving from the prior year. You'll also have access to our online portal where you can view all of your donations, update your information, and learn more about what's happening at CAPTAIN CHS.

It's easy to join.

Just visit our website at captaincares.org/monthlygiving

That's it! There are no strings attached. You're always in control and free to change your gift at any time. This is all about maximizing your convenience and your impact.

\$12.15
per month

Helps a family avoid
eviction or a senior
keep the heat on

\$21
per month

Provides 100
emergency meals
for hungry kids and
adults

\$62.10
per month

Gets a homeless kid
off the street and
provides the help
they need

Save-the-Date: Upcoming Events

Lunch *for a cause*

Every month, join us for our new Lunch for a Cause series! Enjoy a delicious lunch, mingle with friends and neighbors, and learn more about the good work happening in your community! For more information, visit captaincares.org/lunch.

Here Come the Boomers:

A Community Forum on the Future of Aging in
Southern Saratoga County
May 18, 2023

Route 50 Mile Race

June 9, 2023

Runaway & Homeless Youth Shelter 25th Anniversary

September 21, 2023

AN Unbridled AFFAIR



THURSDAY, JULY 20, 2023 | 6:00PM - 10:00PM
PRIME AT SARATOGA NATIONAL GOLF CLUB
458 UNION AVENUE, SARATOGA SPRINGS, NY
VIEW MORE DETAILS AT [UNBRIDLEDAFFAIR.ORG](https://unbridledaffair.org)

Sponsorship Opportunities available for all events! Contact Ava at 518-399-4624 or email ava@captaincares.org.

Visit captaincares.org/newsletter to join our eNewsletter list to keep up with the latest CAPTAIN CHS news and events!



Pictured above (L-R): Cheryl's Lodge Homework Help students enjoy rewards for their hard work; CAPTAIN CHS Board President Kate Gurley celebrates long-time volunteer, former Board Member and Board President Claire Brown on her years of support; Volunteers enjoy a wonderful evening at our 2022 Volunteer Appreciation Dinner; Ann Sharpe from Ballston Spa National Bank presents a generous gift to Associate Executive Director Fern Hurley; Kevin Marin of Wealth Solutions Network at Raymond James and wife Jennifer at the Lawn Party + Food Drive, hosted with Christine Sheppard of the Christine Sheppard Agency; Empire Financial Advisors hosted its First Annual Oktoberfest supporting local charities; the Business for Good Foundation hosted a successful School Supply Drive for local students.

CAPTAIN Community Human Services
 543 Saratoga Road
 Glenville, NY 12302

