



## ABOUT US

Care Links was first established with assistance from the Robert Wood Johnson Foundation to “link those in need with those who care,” thereby enabling persons in need who are 60 and older to continue to live independently in their own homes for as long as possible. The program arose from a growing concern about the number of older residents and their caregiving family members seeking respite and other support needed to remain in the community. Over the years, it fell under the umbrella of the Burnt Hills-Ballston Lake Community Human Services Corporation. Today, it's a proud part of CAPTAIN Community Human Services.

Care Links serves the towns of Ballston (including Burnt Hills), Charlton, Clifton Park, Halfmoon, Malta, and the city of Mechanicville. Care Links receives funding from these towns and the Saratoga County Office for the Aging.

## NEIGHBOR HELPING NEIGHBOR

### CARE LINKS IS NEIGHBOR HELPING NEIGHBOR

We help people to continue to live independently as long as possible without duplicating other, well-established services. Our services include:

- Friendly visiting
- Transportation
- Respite assistance
- Shopping and errands
- Housekeeping and chores
- Handyperson service
- Telephone reassurance
- Information and referral
- Alzheimer's support group
- ...and more!

If you know a senior or caregiver in need who lives in our service area, call 518-399-3262 or visit us online at [www.captaincares.org/care-links](http://www.captaincares.org/care-links)



### ALZHEIMERS SUPPORT GROUP

An Alzheimer's support group meets on the second and fourth Wednesday of the month at 1:00pm in Clifton Park. Contact us at 518-399-3262 for more information.

### VOLUNTEERS

Volunteers are the core of Care Links without whom there would be no program. Care Links volunteers are very special people who give their time and energy to improve the quality of life for our most vulnerable citizens and their families.

The volunteer application process involves an application, reference check, and DMV check if necessary. Once approved, volunteers attend an orientation session and are provided with a manual including a wide range of helpful information on each service, scheduling, their responsibilities, and emergency procedures. Volunteers who wish to provide service in someone's home are then matched with a senior, an introductory meeting is held if necessary, and the support relationship begins.

For more information or to volunteer, call 518-399-3262 or visit us online at [www.captaincares.org/care-links](http://www.captaincares.org/care-links)

## WHERE WE ARE

IMPACT

### TESTIMONIALS FROM CARE RECEIVERS

*"We want to thank you for the wonderful help we received from Care Links, all the doctors' appointments, grocery shopping and especially the great lawn and garden clean up. We never expected to have to ask for help, but as you age, one cannot do all the things and chores they did previously. Thank you again for helping us stay in our own home."*

*"We just want to reiterate what a huge positive impact Care Links has had on my mother's life. Linda is a wonderful volunteer and her visits, phone calls, friendship, and general support have made a big difference in my mom's day-to-day happiness and her ability to maintain her independence. My mom and I are extremely appreciative!"*



**Care Links Program**  
543 Saratoga Road, Glenville, NY 12302  
518.399.3262 (p) | 518.399.8663 (f)



#### **CAPTAIN Community Human Services**

**Glenville Office**  
543 Saratoga Road, Glenville, NY 12302  
518.399.4624 (p) | 518.399.8663 (f)

**Clifton Park Office**  
5 Municipal Plaza, Suite 3, Clifton Park, NY 12065  
518.371.1185 (p) | 518.383.7997 (f)

**Cheryl's Lodge**  
25 Fern Lane, Clifton Park, NY 12065  
518.373.8873 (p)

**CAPTAIN's Treasures**  
1705 Route 9, Clifton Park, NY 12065  
518.383.1788 (p)

**Helpful Numbers**  
Care Links 518.399.3262  
Street Outreach 518.469.7897  
Youth Shelter 518.584.6042

**For the most up-to-date information  
about our programs and services,  
upcoming events, and more,  
please visit our website:**

**[www.captaincares.org](http://www.captaincares.org)**



# CARE LINKS

A program of CAPTAIN Community Human Services

*Linking those in need  
with those who care.*

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# CAPTAIN

Community Human Services