

R MISSION

To support and empower people of all ages to reach their goals of personal growth and self-sufficiency. We strengthen communities.

OUR VALUES

Volunteer Driven: We have deep roots in the community, providing many opportunities to give and serve.

Excellence: We approach all our work with integrity, aspire to be professionally respected, and challenge ourselves to respond to the changing needs of our community.

> **Respect:** We have respect for the dignity of our clients, colleagues, and community.

Accessibility: We are easily accessible and open to everyone.

Collaboration: We collaborate with a broad spectrum of community partners.



Financially Responsible: We are good stewards of all our resources.

PROGRAMS & SERVICES

Cheryl's Lodge

Located in Halfoon Heights, our community outreach center offers programs for children, families, and seniors, including Homework Help, Summer Meals, Peace Camp, High School Equivalency Classes, and many more enrichment and support services.

Youth Development

CAPteens is a youth-driven program aimed at involving local teens in community service, philanthropy, and helping those in need. Job Assist helps build job skills for youth and connects them with local employers. We also provide community education workshops on a variety of topics relevant to our community.

Senior Services

We provide an array of services for our area seniors, including Care Links, which connects trained volunteers to provide free support services to persons age 60 and older. Volunteers visit, provide transportation and shopping services. Our Wellness Express Van transports seniors to and from medical appointments free of charge.

Runaway & Homeless Youth Shelter

Certified by the NYS Office of Children & Family Services, our shelter is a safe haven for 13-17 year-olds who are homeless, runaways, exploited, or in danger of becoming homeless.

Street Outreach

Our on-the-street program assists youth who are, or may be at risk of becoming, homeless. We provide case management and referral services, and build rapport and relationships with youth throughout Saratoga, Fulton, and Montgomery, Washington and Warren Counties.

Family Development & Assistance

We collaborate with other agencies to assist families in emergency financial situations, and match them with volunteer mentors for crisis support, training and community resources, including emergency rental or utility assistance. Our Getting Ahead workshops help people stabilize their situations and build resources to improve their lives. The Solutions to End Homeless Program (STEHP) helps individuals and families facing a housing crisis. Our Bike Works program provides bicycles to residents throughout Saratoga County. We also provide assistance with tax preparation, and giveaway programs for back-toschool and at the holidays.

Family Support Services

We provide advocacy, information and referral, proactive intervention services, and education for families with children who have social, developmental, and/or emotional challenges. We also provide respite for families, as well as youth and adult skill-building services.

Karyl's Kupboard

Our emergency food and hygiene pantry, located at CAPTAIN's Clifton Park office, is open Monday, Tuesday, and Thursday from 10:00am to 3:00pm. The pantry is free and open to qualified residents of Saratoga County.

CAPTAIN's Treasures

Our volunteer-run store on Route 9 in Halfmoon provides next-to-new quality clothing, furniture, and household goods at great savings. This store exists on generous donations from our community.

HOW TO HELP VOLUNTEER

CAPTAIN CHS has one of the most effective and extensive volunteer programs in the Capital Region. Over 400 active volunteers provide over 15,000 hours of combined community service annually. Join today by filling out an application on our website or calling our office.

DONATE

CAPTAIN's Treasures and Karyl's Kupboard are always in need of donations. CAPTAIN's Treasures accepts donations of clothing, linens, and household items. Karyl's Kupboard accepts donations of food and personal hygiene items. For more information, please visit our website.

GIVE

Financial support helps us help your neighbors in need. Donate on our website, or by attending any of our fundraising events. Or, become a member of the Navigator Society - a group of supporters who commit to annual giving. Anchor Society members help to ensure long-term



WHERE WE ARE

Glenville Office

543 Saratoga Road, Glenville, NY 12302 518.399.4624 (p) | 518.399.8663 (f)

Clifton Park Office

5 Municipal Plaza, Suite 3, Clifton Park, NY 12065 518.371.1185 (p) | 518.383.7997 (f)

Cheryl's Lodge

25 Fern Lane, Clifton Park, NY 12065 518.373.8873 (p)

CAPTAIN's Treasures

1705 Route 9, Clifton Park, NY 12065 518.383.1788 (p)

Helpful Numbers

Care Links 518.399.3262 Street Outreach 518.469.7897 Youth Shelter 518.584.6042



For the most up-to-date information about our programs and services, upcoming events, and more, please visit our website:

www.captaincares.org





CAPTAIN

Community Human Services

Lifting people up. Building brighter futures.

PROGRAMS & SERVICES

www.captaincares.org