

CAPTAIN



Runaway Homeless Youth Program



December 2024



Trainings

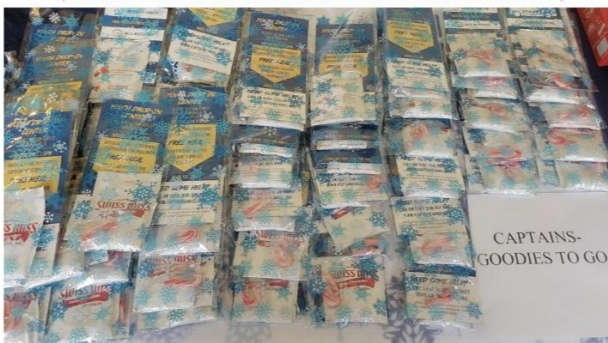
This month Street Outreach completed trainings that can be beneficial during the holiday season such as, Loss and Separation for youth during the holidays, De-escalation Techniques and Trauma Informed Care.

STREET OUTREACH

Fulton Montgomery Community College and the Street Outreach team partnered to host Winterfest.

Winterfest is an opportunity to enjoy snacks, activities, socialize and share information about the CAPTAIN program.

(Picture above is Street Outreach with FMCC Staff)



Picture above is the Street Outreach goodie bags which included SOP information, hot chocolate, marshmallows, candy and a candy cane. We had about 90 students inquire about the program and pick up a goodie bag.

Shout Out

- The Elks National Foundation donated 16 coats, 50 hygiene kits and 20 pairs of gloves and hats. **Picture above**
- Fulton Montgomery Community College partnered with CAPTAIN to create a WINTERFEST for over 90 students and provided popcorn, hot chocolate and activities.
- Our **Street Outreach Team**: Briar, Tyler and Rani for all their hard work providing presents and goodie bags for each youth attending drop in.
- **Volunteers** for preparing a wonderful Christmas meal for Street Outreach.
Thank You!

Street Outreach Christmas Party



The Street Outreach team held a Christmas party during our drop in for the youth on December 18th. There were 22 youths, 5 volunteers and RHY staff. An amazing meal was prepared by our wonderful volunteers and dessert was donated by Cravings Bakery. Gifts, activities, and games provided to each youth and each youth was given shoes, socks, a hoody, coat, gloves, hat, blankets, gift cards and hygiene kits.

(Picture is below)



RHY TEAM



Thank you Ashley for your generous donation!

SHHY



UPDATES

On December 20th, individuals gathered to celebrate the holidays filled with food, gingerbread house building, residents connecting with each other, and gift-giving. Residents have shared that the holidays are a challenging time, so we worked with each one to create a personalized wish list of their top three wants. After an afternoon spent finding each individualized gift, even down to a Golden Girls motivational calendar, we wrapped and presented them during the party. The joy and gratitude from our residents made the celebration truly heartwarming.

December, SHHY welcomed a new resident into the program and are set to move in early January! If you or someone you know would like to donate furniture, it would be greatly appreciated! (kitchen supplies, end tables, lamps, rugs)

A priority for the program this month was locating a connection for mental health counseling. SHHY was able to connect with two new services: BHSN and Saratoga Mental Health. One resident has already completed an assessment and will start sessions next month.

Due to counseling waitlists growing, we're exploring alternative mental health supports. Thanks to a connection from last month's RHY board meeting, the first week of January SHHY has a meeting to partner with the YMCA for memberships to promote physical activity as a way to support mental well-being.



Shout out to Krystal at the Clifton Park Office for putting together holiday food bags for each of the SHHY residents!



Interests (Needs to know before Mon)

Hello Residents! To help us better meet your personal and program requirements for everyone, I'd love to learn more about your favorite foods and interests. Whether it's a hobby you're passionate about or something that you enjoy in your free time - sharing these details will help the plan events and activities that you would enjoy!

Please take a moment to fill out this quick form and let us know what makes you happy!

Thank you for your participation!

- Favorite foods/snacks?
Tacos, Plain chips (French onion), Guacamole
- Favorite activities?
Gaming, Car Shows
- What are you interested in?
Shoes, Clothing, Thrift or the unknown
- What is your work schedule?
Sun -> Mon 6am-6pm





Youth Shelter



Thanks to the generosity of our lovely community donors, our shelter received decorations and a Christmas tree for which the staff and youth enjoyed decorating, adding festive cheer to our community room!

UPDATES

The shelter was filled with comfort and joy inside and out during this past holiday season!

Due to the generosity of so many, the youth at our RHY Shelter were able to participate in wonderful community activities at Animal Land, Winterland at the Altamont Fairgrounds, Regal Cinema, Sky Zone and Strike Zone. From exploring lighted decorations, to watching some of their favorite movies to bowling, playing laser tag and enjoying some bounce action at nearby trampoline parks our staff and youth have been able to create beautiful lifelong memories.

